

WILDERNESS FIRST AID BASIC & ADVANCED 2004-2005



If you will ever be in the backcountry where EMT's are many hours and maybe days away, you need to take your first aid skills to a higher level. If 911 is a long distance call, you need to know more than what is taught in basic first aid classes. **Philmont** crews, **Northern Tier** crews, or any crew on the **Appalachian Trail** can find themselves in a situation that requires not only administering immediate care, but providing additional



care until evacuation or rescue can be accomplished.

The Atlanta Area Council Health and Safety Committee will be sponsoring three Wilderness first Aid training opportunities. The Camp Allatoona Aquatics Base will be sponsoring one Wilderness First Aid training opportunity.

WILDERNESS FIRST AID BASIC - There will be two American Red Cross (ARC) Wilderness First Aid Basic classes. These are 20 hour courses and will be held on **October 22-24, 2004 and April 15-17, 2005**. The courses will begin Friday evening and will run until about 5 PM on Sunday. There may be some pre-course reading assignments. The cost of the course, which includes course manuals, will be \$100. Meals will also be included. Camping will be available. The course will be held at the Morcock Training Center at Bert Adams Scout Reservation. The course will be taught by volunteer Scouters trained by the Metropolitan Atlanta Chapter of the American Red Cross. Participants who successfully complete the entire training will receive a Red Cross Wilderness First Aid card good for three years. Participants **MUST** attend all sessions to receive certification. Each class is limited to 30 participants.



ADVANCED WILDERNESS FIRST AID - There will be a four-day, 32-hour Advanced Wilderness First Aid course on **February 19-22, 2005**. The course will begin Friday evening and will run until about 5 PM on Tuesday. There may be some pre-course reading assignments. The cost of the course, which includes course manuals, will be approximately \$325. Some meals will be included. Camping will be available. Cabins will be available for this course only. The course will be held at the Morcock Training Center at Bert Adams Scout Reservation. The course will be taught by SOLO (Stonehearth Open Learning Opportunities from Conway, NH <http://www.soloschools.com/solohome.html>). Participants who successfully complete the entire training will receive a SOLO Advanced Wilderness First Aid card good for two years. Participants **MUST** attend all sessions to receive certification. The class size is limited to 30 participants.

BASIC WILDERNESS FIRST AID - The Camp Allatoona Aquatics Base in Woodstock will sponsor the 3rd annual 2-day Basic Wilderness First Aid course taught by instructors from SOLO. That course has been scheduled for **March 12-13, 2005**. The 16-hour course begins Saturday morning at 8 AM and runs until about 5 PM Sunday.



The cost of the course is \$135. Meals are not provided. Camping is available Friday & Saturday nights, or participants may commute or stay in nearby motels. Participants who successfully complete the entire training will receive a SOLO Basic Wilderness First Aid card good for two years. Participants **MUST** attend all sessions to receive certification. This class is limited to 30 participants. This course can be used to recertify the four-day, 32-hour SOLO Advanced Wilderness First Aid.

There are no technical or training prerequisites for any of these courses. However, it is highly recommended that all participants have a working knowledge of all rank advancement first aid requirements and First Aid Merit Badge. **CPR will NOT be taught at any of these courses.** The only other requirement is a desire to upgrade your first aid and emergency care skills. The American Red Cross class is open to Adult Scouters, Adult Venture Leaders, Youth Venturers and Scouts age 14 and over upon recommendation by their Venture Advisor or Scoutmaster. The SOLO classes are open to Adult Scouters, Adult Venture Leaders, Youth Venturers and Scouts age 14 and over upon recommendation by their Venture Advisor or Scoutmaster.

Some of each class will be taught outdoors. Much of the class will be hands on practice outside at Bert Adams or Allatoona. The classes will go on rain-or-shine (just like emergencies can happen in any weather). Be prepared for any weather possibility. Participants will be furnished an information package prior to the start of the course which will include a detailed course schedule, a list of needed items to bring along, and other necessary information. All participants will be required to complete a special Class 1 physical form (or any other current age appropriate Boy Scout medical form, e.g., Class 3 for all adults 40 or older).

The following topics will be introduced and discussed at the wilderness first aid training. 1) Victim assessment, exam, and report 2) check-call-care 3) bleeding & infection control 4) head & spinal injuries 5) chest and abdominal injuries 6) extremity injuries 7) environmental injuries 8) evacuation and transport decision making and 9) other related topics.

The following items will be used in the scenario and skills practice sessions of the classes (plastic ground cloth, sleeping pad, sleeping bag, canoe paddle, trekking poles, backpack or daypack, water bottle). Be prepared to bring these items or equivalent items. The intent of the items on the list is to demonstrate improvising first aid treatment of wilderness emergency situations with items people normally carry in wilderness or backcountry situations. These items will be used as improvised splints, ties, wraps, and padding. Other items such as gloves and bandages cannot be improvised as easily and are carried specifically for first aid situations.

Please contact Tom Wilson at the AAC office (770) 956-3173 or e-mail at AACDSS@atlantabsa.org for additional information. You may also contact Rich Hallberg at wild1staid@bellsouth.net or Steve Harrison at eagle70@bellsouth.net or Charlie Pineo at wildfirstaid@aol.com.



Here is what previous Wilderness First Aid Students (volunteer Scouters and Scouts) had to say:

Liked about the course: "Scenarios were well done and gave us a feeling of reality." "scenarios" "I liked the hands on." "scenarios" "Good staff, good fast pace, interesting material, appropriate for BSA." "scenarios" "Thorough, well organized."

Would you encourage others to attend? 100% said YES!

Comment on the books: excellent, great, fabulous, variety

What you expected? More than expected, exceeded expectations, 100% said met or exceeded expectations.



Please complete the following application and send it with your payment to: Atlanta Area Council BSA, 1800 Circle 75 Parkway, SE, Atlanta, GA 30339, ATTN: Wilderness First Aid. Check one of the following choices:

_____ October 22-24, 2004 ARC Wilderness First Aid Basic, Account Number: **1.6801.047.20** \$100

_____ February 19-22, 2005 SOLO Advanced Wilderness First Aid, Account Number: **1.2629.049.00** \$325

_____ March 12-13, 2005 SOLO Wilderness First Aid Basic, Account Number: **TBD** \$135

_____ April 15-17, 2005 ARC Wilderness First Aid Basic, Account Number: **1.2629.046.00** \$100

Please put the Account Number on the memo portion of your check. You may FAX your application to the Program Center at (770) 956-5980. **There will be no refunds for cancellations received within one month prior to the beginning of the course.** You may transfer your fees and registration to other qualified participants.

Name _____ E-Mail Address _____

Street Address _____ City _____

State _____ Zip _____ Day Phone _____

Evening Phone _____ Home Unit _____

District _____ Council _____

Current Scout Rank (for Youth only) _____ Age (Youth only) _____

Scoutmaster or Advisor Approval Signature (for Youth only) _____

Do you plan to camp at Bert Adams or Allatoona on Friday night? _____ Saturday night? _____

Special considerations (health or religious) for meals (NA for Allatoona course):

Credit Card AX DC MC VS (circle one) Card No. _____

Expiration Date ____/____

Signature for Credit Card (required)

----- **CONSENT TO TREAT** -----

I, _____, hereby grant permission for the Wilderness First Aid Basics staff to treat me/my child in the event of a life threatening emergency, illness, or injury. I understand they will contact the following person:

(Emergency Contact Person)

(Home Phone Number)

(Applicant signature if over 18, or parent/guardian)

(Backup Phone Number)