

4/10/2008

Small Survival Kit

I. Signaling Group

- 1 Small Signal Mirror
- 2 W
- 3 6 ft Marking tape (orange or red)

II. Emergency Devices Group

- 1 Small Compass
- 2 Small Swiss Army knife
- 3 BSA "flint" sparker
- 4 Tinder – 2 Cotton balls with Vaseline
- 5 Small Flashlight
- 6 Small Magnifying glass (fresnel lens, or from eyeglass repair kit)
- 7 Fish
 - Small to medium Fish Hooks 4
 - Split Shot 2
 - Snap Swivels 2
 - Monofilament Fishing Line, 15 lb.Test, 30 ft

III Water & Food group

- 1 Chlorine Water Purification Tablets 4 tablets
- 2 Gerber "Seal 'n Go" Bags with Zipper Seal for use as Water Container, holds 10 fl. oz. – 2 bag

IV Multi-purpose group

- 1 Heavy Duty Canvas Sewing Needle
- 2 Duct Tape 3 ft
- 3 20 ft. of braided 2mm cord (REI)
- 4 Heavy Duty Aluminum Foil, 15 x 15 inches
- 5 Stainless Steel Wire 6 ft.
- 6 Safety Pins, large 4
- 7 Plastic Cable Ties, 2 small
- 8 Waterproof Paper, 2 pieces
- 9 Golf Pencil, unsharpened
- 1 Heavy duty plastic bag (REI), or plastic water Proof container

V Optional Items

- 1 Power bar (needs replacement before each trip)
- 2 First Aid Kit (may be added to survival kit or placed in separate waterproof container)
 - Adhesive Bandages, 1 x 3 inches, 3 bandages
 - Butterfly Closure, medium, 2 closures
 - Povidone-Iodine Prep Pad, 1 pads
 - First Aid Cream with Aloe – 1/32 oz, 1 packets

		Triple Antibiotic Ointment - 1/32 oz, 1 packets			
		Tylenol (acetaminophen) 500 mg, 1 packet of 2 pills			
		Imodium Tablets, 4 tablets			
		2 Single use eye drops, or small bottle			
		Benadryl tablets, or similar antihistamine for allergic reactions, 2 tablets			
		Personal medications for 24 hrs.			
		3 Small carabiner			
		Comments			
		Items such as fishing kit, tinder and any small pieces can be wrapped in aluminum foil or placed inside a 35mm film container or pill vial			